

ILTER CLINIC



The seven hair transplant questions you just have to ask

It is said that the eyes are the window to the soul, but it is probably a person's hair that makes a first and lasting impression when they meet people face-to-face. We cannot help it as it is a reflex, but people make snap judgements based on the style, color and even amount of hair that is on each other's heads.

Nowadays there are a whole host of alternatives for men and women in this situation. Search the Internet and you will find thousands of sites dedicated remedying hair loss.

Many choose surgery, as transplanted hair looks and behaves like the original hair. And if the modern procedures are performed properly, the transplanted hair should last a lifetime. While modern hair transplantation techniques are moderately expensive, they are relatively cost-effective compared to other cosmetic surgeries in the long-run.

But buyers beware! Surgeons have been trying to perfect hair transplantation for over fifty years. And older, once popular surgical procedures such as scalp reduction and flaps are now considered obsolete as they give rise to an unacceptable number of complications. Most reputable hair restoration surgeons will not offer these procedures. But if they do, run.

The Iltter Clinic has seen a number of patients over the years that have had an initial procedure performed elsewhere. In many cases, the transplants failed to grow or did not yield promised amount of hair follicles. This may be because the extracted grafts were not properly extracted, prepared, preserved and transplanted. Sadly the results of these operations are not just visible to the patient, but obvious to the whole world.

Because of the risks and costs of making the wrong choice, the Iltter Clinic advises potential clients to always ask the following questions before stepping foot into an operation room:

1) What are your credentials?

Ask how much experience the surgeon has had in performing hair transplant surgery and why he or she feels qualified to do this type of work? Is the surgeon performing the operation

licensed to practice in this country (or indeed any country)? And is the clinic part of a healthcare system or simply registered as a beauty salon?

2) What type of practice are you running here?

Does the doctor specialize in hair transplant procedures or is it part of a wider portfolio of cosmetic surgeries? We believe the best results come from clinics that focus solely on hair transplantation.

3) Am I happy putting my hair in this person's hands?

The patient-doctor relationship is vital in weighing up a patient's wants and needs against realistic expectations. Communication is vital in this relationship. And as you will probably visit the clinic more than once, it is much easier if you feel a connection with the surgeon and his or her staff. This in turn leads to trust and honesty, which are two cornerstones of a successful patient-doctor relationship.

4) Am I valued?

The amount of time the doctor spends with you should be an important factor in your judgment of his or her true interest in your satisfaction. Beware of clinics that are pressuring you into making a quick decision. Avoid those who forcing you to make quick decision or doctors who do not spend enough time listening to your needs or goals. Similarly, avoid clinics who quote unrealistically low or high amounts of work, time or money. If it feels like you are bartering with a salesman, just leave.

5) But, what if...?

Even the best plans can go wrong. If so, is there a contingency plan for worst case scenarios? Male pattern baldness is a process that occurs in cycles over a period of years. Hair loss will eventually lead to further hair loss, so an assessment of covering up one area should be accompanied with a plan to accommodate future needs. This demands a realistic and critical estimate from the clinic. The doctor should also inform patients of future hair loss patterns and explain that while hair loss is progressive, it is cyclical with alternating periods of slow and rapid hair loss.

6) What do your clients say?

Word of mouth from patients is always more believable than the clinics own marketing. If you feel a clinic is stretching the truth with their testimonials, ask if you can contact them yourself. Most reputable clinics have at least a handful of clients who are willing to answer your questions. Ask if the patient would go through the procedure again? Why they selected this particular doctor? And ask if they participated in the decision process regarding positioning the grafts?

7) So you went to medical school... But can you design?

Hair transplantation is permanent, and changing the design afterwards can be complicated and costly. The surgeon must be in tune with the characteristics of your hair to create a natural look, for example, how it grows, its colour and contrast to the skin and your ethnic background. While this sounds obvious, it is often an aspect many patients take for granted. However, performing surgery with aesthetic design is far from straight forward. So make sure someone is not telling you what you want and how you want to look. After all, it is not the surgeon who has to walk around with that appearance for the rest of their life.

More information about hair transplant

<http://www.ilterclinic.com>